

Regularly Scheduled Classes

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am - 11:30 am		9:00 am – 10:30 am	9:00 am – 10:00 am	
Sewing/Quilting Class		Beginner's English w/	English Conversation	
w/ Lourdes	9:45 am – 10:45 am	Rosa	w/ Ellen	
	Yoga w/ Lynne			10:00 am – 1:00 pm
	(No class 10/8)	10:30 am – 1:00 pm	10:30 am – 11:30 am	Knitting & Crocheting
		Sewing – Scrubs &	Yoga w/ Home Power	w/ Juana
	10:30 am – 12:00 pm	Jackets	Yoga	
	Beginner's English w/			11:00 am – 12:00 pm
	Maria	11:30 am -12:30 pm	12:00 pm – 3:30 pm	English Conversation
		Beginner's English	Sewing/Quilting Class	w/Maria
	4.00	w/ Letty	w/ Lourdes	
	1:00 pm – 2:00 pm			12:30 pm – 1:30 pm
4.00	Beginner's English w/	12:30 pm – 1:30 pm	4:00 pm – 5:00 pm	Beginners English w/
4:30 pm – 6:00 pm	Maria	Level 2 English	Citizenship Preparation	Maria
Beginners English w/	2:20 pm	w/ Letty	w/ Iris	
Shteffany	3:30 pm - 5:00 pm Beginner's English w/	2.00 4.00	4.00	
	Rosa	2:00 pm -4:00 pm Conversations &	4:00 pm – 6:00 pm Conversations &	
	NOSa	Conversations &	Conversations & Connections w/ Sheila	
	4:00 pm – 6:00 pm	w/ Maria	Connections w/ Silena	
	Conversations &	w/ ividila	5:00 pm – 6:00 pm	
	Connections	2:00 pm – 3:30 pm	English Conversation	
	w/ Racheal	Beginner Computers	w/ Maria	
		w/ Kirk	wy waria	
	6:00 pm – 8:00 pm	W/ Kirk	6:00 pm – 8:00 pm	
	Envisioning	3:30 pm – 6:00 pm	Envisioning	
	Entrepreneurs	Sewing – Swimwear &	Entrepreneurs	
	•	Undergarments		
		w/ Lida		
		4:00 pm – 5:00 pm		
		Beginner's English w/		
		Marie		
		4:00 pm – 5:00 pm		
		Intermediate		
		Computers w/ Kirk		
		6:00 pm – 8:00 pm		
		Envisioning		
		Entrepreneurs		

^{**} Volunteers needed for Basic Computer Classes



Special Events – Registration Required

10/1	12:00 pm – 1:00 pm	Tuesday	Financial Literacy w/ NJCA - Credit
10/3	7:00 pm – 9:00 pm	Thursday	Healing Hearts Through The Arts Performance At Snyder Academy – 42 Broad Street, Elizabeth, NJ
10/4	11:00 am – 2:00 pm	Friday	Hispanic Heritage Month Potluck Party w/ Music For All Seasons
10/4	5:00 pm – 6:00 pm	Friday	Mindfulness Based Stress Reduction w/ Heart & Mind Center of Elizabeth
10/7	9:30 am – 12:30 pm	Monday	Painting w/ Carmen
10/8	9:00 am – 1:00 pm	Tuesday	Haircuts by Maria Moreno
10/8	9:30 am – 12:30 pm	Tuesday	Earring Making w/ Carmen
10/8	12:00 pm – 1:00 pm	Tuesday	Financial Literacy w/ NJCA – Financial Security, Fraud & Scams
10/11	10:00 am – 12:00 pm	Friday	Green Thumb Club w/ Shteffany
10/11	12:00 pm – 2:00 pm	Friday	Between Us – A Discussion on Health w/ NJ Sharing Network
10/11	5:00 pm – 6:00 pm	Friday	Mindfulness Based Stress Reduction w/ Heart & Mind Center of Elizabeth
10/14	All Day	Monday	Center is Closed to Observe Columbus Day/ Indigenous People's Day
10/15	11:00 am – 1:00 pm	Tuesday	Connecting the Pieces Support Group & Music Therapy
10/16	9:30 am – 2:00 pm	Wednesday	Nature Walk at Trailside Park
10/18	9:30 am – 12:30 pm	Tuesday	Foam Painting w/ Carmen
10/18	5:00 pm – 6:00 pm	Friday	Mindfulness Based Stress Reduction w/ Heart & Mind Center of Elizabeth
10/19	10:00 am – 2:00 pm	Saturday	Family Fun Bingo & Game Day
10/21	9:30 am – 12:30 pm	Monday	Wood Painting w/ Carmen
10/21	12:00 pm – 2:00 pm	Monday	Parenting Class w/ BFSC
10/22	12:00 pm – 2:00 pm	Thursday	Fall Crafts w/ Urban Inspiration Foundation
10/25	10:30 am – 12:30 pm	Friday	Arts & Crafts w/ Pat
10/25	1:00 pm – 4:00 pm	Friday	Fall Pop-Up Shop
10/25	5:00 pm – 6:00 pm	Friday	Mindfulness Based Stress Reduction w/ Heart & Mind Center of Elizabeth
10/28	9:30 am – 12:30 pm	Monday	Box Crafts w/ Carmen
10/28	12:00 pm – 2:00 pm	Monday	Parenting Class w/ BFSC
10/29	11:00 am – 1:00 pm	Tuesday	Help us Decorate for Halloween w/ Carmen
10/31	5:00 pm – 8:00 pm	Thursday	Happy Halloween! Trick or Treat!